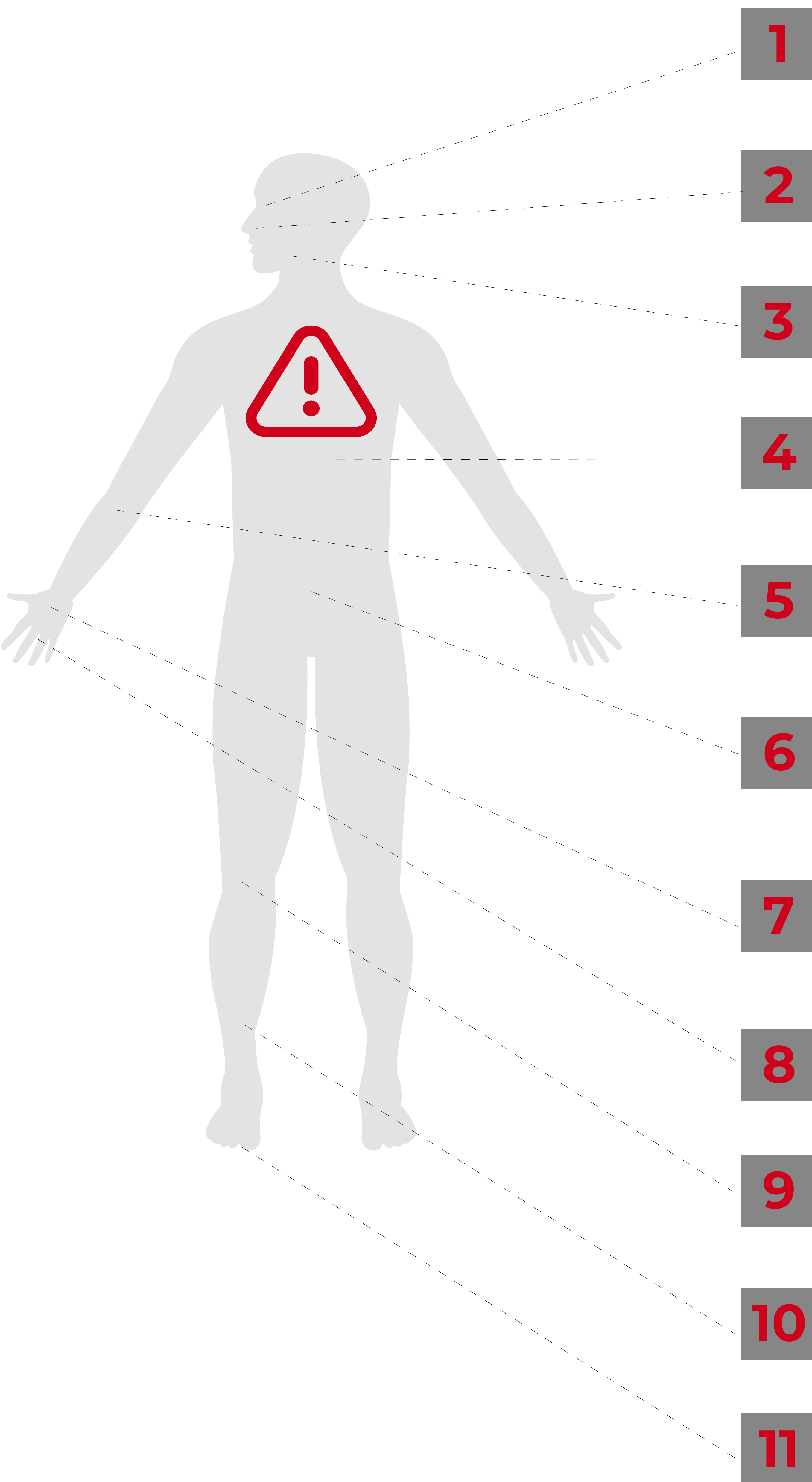


VIOLENT BEHAVIOR

PREDICTION CAN SAVE A LIFE

some pre-aggression indicators



Averting Gaze

averting or breaking eye contact to conceal intent

Nostril Flaring

nostrils will flare before aggression in order to oxygenate the blood without having to take an obvious breath

Clenching Jaw

jaw muscles will clench in order to burn off excess oxygen caused by adrenaline

Shallow Breathing

the increase in adrenaline causes a need to balance CO2 - this causes shallow, quick breaths

Right-Angle Arms

arms will almost always form a right angle in preparation for action or violence, especially with the use of a weapon

Blading the Body

the body will turn away, exposing only one side to a potential threat - usually the non-dominant side is toward the threat

Fidgeting

fingers will begin to contract and move in order to expend nervous energy - the further a body part is from the head, the harder it is to control in anxiety

Fists

the fingers will begin to contract and flex when the fight response starts to activate

Knee Bending

knees will bend before aggressive action - this is known as a 'fight crouch'

Dom. Leg Retreat

the subject's dominant leg will retreat and draw backwards in preparation for a fight

Bouncing on Feet

bouncing expends nervous energy and will usually occur on the balls of the feet to ready the subject for action

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